Proposed §1115
Waiver Amendment
Public Hearing

Office of Health Care Financing
June 6, 2018
Background

• Maryland Department of Health (MDH) submitted its §1115 waiver renewal to continue the HealthChoice managed care program in 2016.

• In December 2016, the Centers for Medicare and Medicaid Services (CMS) approved and renewed the §1115 waiver for five years through December 31, 2021.

• In July 2018, MDH will submit the following amendments to the waiver:
  • National Diabetes Prevention Program Pilot (NDPP) Continuation (effective 2/1/19),
  • Expansion of Treatment for Substance Use Disorder (SUD) in Institutes of Mental Disease (IMDs) (effective 1/1/19),
  • Adult Dental Pilot (effective 1/1/19), and
  • Family Planning Program Changes (effective 7/1/18).
National Diabetes Prevention Program (NDPP) Pilot

- Continuation of NDPP services at the conclusion of the National Association of Chronic Disease Directors (NACDD) funded demonstration.

- CDC Diabetes Prevention Recognition Program (DPRP) eligibility criteria:
  - 18 years or older; AND have a BMI of ≥ 25kg/m2 (≥ 23kg/m2, if Asian);
  - AND EITHER Elevated glucose level OR History of gestational diabetes mellitus (GDM);
  - AND NEITHER Diagnosed with type 1 or type 2 diabetes, NOR Pregnant.

- Will serve a limited number of HealthChoice participants.

- Will align components with the Medicare DPP (MDPP) Expanded Model.

- Will include both in-person and online DPP suppliers.

- Final MDH-approval contingent upon the demonstration evaluation (expected September 2018).

- **Effective Date:** February 1, 2019.
Residential Treatment for Individuals with Substance Use Disorders (SUD)

- **Current Waiver:** CMS authorized MDH to cover SUD services delivered in Institutes of Mental Disease (IMD) for up to two nonconsecutive 30-day stays annually.
  
  - A SUD IMD is defined as a facility with more than 16 beds that is primarily engaged in providing diagnosis, treatment, or care of persons with chemical dependency disorders.
  
  - Effective July 1, 2017: Coverage of American Society of Addiction Medicine (ASAM) levels 3.3, 3.5, 3.7, and 3.7D.
  
  - Effective January 1, 2019: Coverage of ASAM level 3.1.

- **Proposed Amendment:** Coverage of IMD services at ASAM Level 4.0, limited to in-state facilities only, for Medicaid adults who have a primary SUD diagnosis and a secondary mental health diagnosis.
  
  - MDH will provide reimbursement for IMD ASAM level 4.0 Medically Managed Intensive Inpatient services for up to 15 days per month.
  
  - Private IMDs can deliver specialized services for individuals whose active psychiatric symptoms limit their access to many SUD treatment programs.
  
  - **Effective Date:** January 1, 2019.
In 2018, the Maryland Legislature passed Senate Bill 0284, requiring MDH to apply for a waiver amendment to CMS to implement an adult dental pilot program.

MDH must apply by September 1, 2018, to implement a pilot program to provide limited dental coverage to adults.

Statewide pilot will:

- Serve Dual Eligible Adults—Ages 21-64 (approximately 38,510 participants)
- Include coverage for basic dental benefits (including diagnostic, preventative, limited restorative and extraction). The Department may set an overall cap on expenditures per person.

Dental ASO will administer the benefit.

Effective Date: January 1, 2019.
Family Planning Program

• In 2018, the General Assembly passed HB0994/SB0774, requiring MDH to apply for a State Plan Amendment to CMS to make changes to the Family Planning Program by July 1, 2018.
• The Family Planning Program currently operates under the §1115 Waiver.
• This amendment would remove the Family Planning Program from the auspices of the waiver in preparation for SPA submission.
• Other changes to Family Planning Program required under HB0994/SB0774:
  • Expanding services to all individuals (both genders),
  • Increasing income limit to 250% of the federal poverty level (FPL), and
  • Lifting current age restriction limiting women up to age 51.
1115 Waiver Amendment Timeline

- **June 19, 2018**: Public Comment Period Ends
- **July 1, 2018**: 1115 Waiver Amendment submitted to CMS
- **December 31, 2018**: Receive CMS Decision
- **February 1, 2019**: Effective Date for National DPP Pilot
- **January 1, 2019**: Effective Date for Dental Pilot and IMD
Additional Information

• For more information, visit: https://mmcp.health.maryland.gov/Pages/1115-HealthChoice-Waiver-Renewal.aspx

• Written comments may be submitted to:
  • Tricia Roddy, Planning Administration, Office of Health Care Financing, Maryland Department of Health, 201 West Preston Street, Room 224, Baltimore, Maryland 21201
  • Via email to mdh.healthchoicerenewal@maryland.gov
Questions and Comments