

MARYLAND DEPARTMENT OF HEALTH

**Proposed §1115
Waiver Amendment
Public Hearing**

Office of Health Care Financing

May 24, 2018

Background

- Maryland Department of Health (MDH) submitted its §1115 waiver renewal to continue the HealthChoice managed care program in 2016.
- In December 2016, the Centers for Medicare and Medicaid Services (CMS) approved and renewed the §1115 waiver for five years through December 31, 2021.
- In July 2018, MDH will submit the following amendments to the waiver:
 - National Diabetes Prevention Program Pilot (NDPP) Continuation (effective 2/1/19),
 - Expansion of Treatment for Substance Use Disorder (SUD) in Institutes of Mental Disease (IMDs) (effective 1/1/19),
 - Adult Dental Pilot (effective 1/1/19), and
 - Family Planning Program Changes (effective 7/1/18).

National Diabetes Prevention Program (NDPP) Pilot

- Continuation of NDPP services at the conclusion of the National Association of Chronic Disease Directors (NACDD) funded demonstration.
- CDC Diabetes Prevention Recognition Program (DPRP) eligibility criteria:
 - 18 years or older; AND have a BMI of $\geq 25\text{kg/m}^2$ ($\geq 23\text{kg/m}^2$, if Asian);
 - AND EITHER Elevated blood glucose level OR History of gestational diabetes mellitus (GDM);
 - AND NEITHER Diagnosed with type 1 or type 2 diabetes, NOR Pregnant.
- Will serve a limited number of HealthChoice participants.
- Will align components with the Medicare DPP (MDPP) Expanded Model.
- Will include both in-person and online DPP suppliers.
- Final MDH-approval contingent upon the demonstration evaluation (expected September 2018).
- **Effective Date:** February 1, 2019.

Residential Treatment for Individuals with Substance Use Disorders (SUD)

- **Current Waiver:** CMS authorized MDH to cover SUD services delivered in Institutes of Mental Disease (IMD) for up to two nonconsecutive 30-day stays annually.
 - A SUD IMD is defined as a facility with more than 16 beds that is primarily engaged in providing diagnosis, treatment, or care of persons with chemical dependency disorders.
 - Effective July 1, 2017: Coverage of American Society of Addiction Medicine (ASAM) levels 3.3, 3.5, 3.7, and 3.7D.
 - Effective January 1, 2019: Coverage of ASAM level 3.1.
- **Proposed Amendment:** Coverage of IMD services at ASAM Level 4.0 for Medicaid adults who have a primary SUD diagnosis and a secondary mental health diagnosis.
 - MDH will provide reimbursement for IMD ASAM level 4.0 Medically Managed Intensive Inpatient services for up to 15 days per month.
 - Private IMDs can deliver specialized services for individuals whose active psychiatric symptoms limit their access to many SUD treatment programs.
 - **Effective Date:** January 1, 2019.

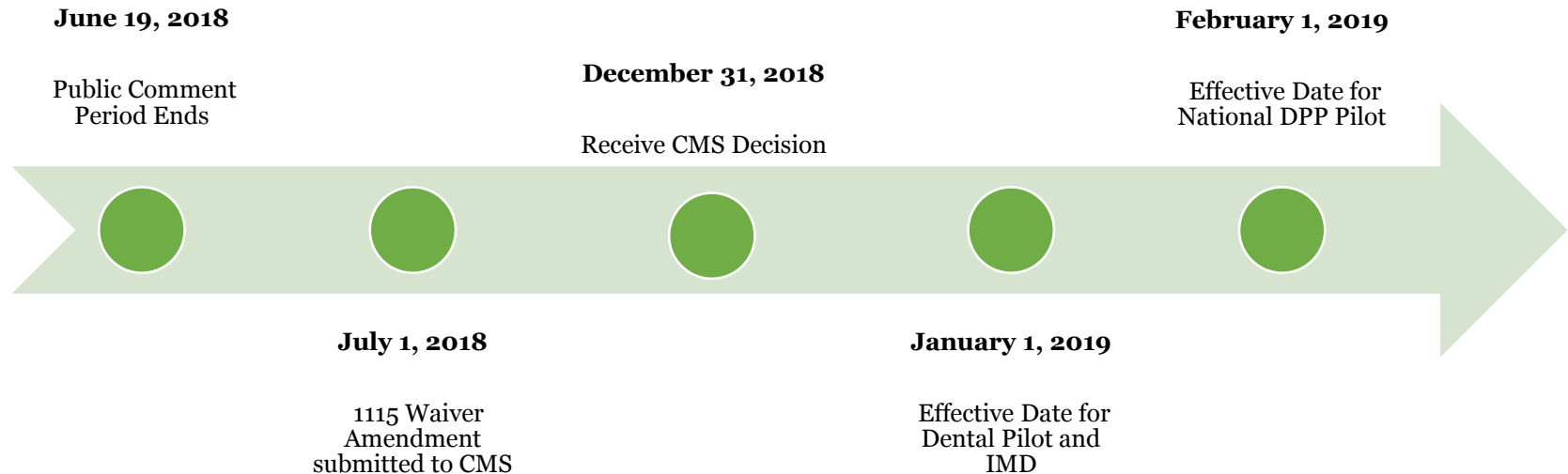
Adult Dental Pilot Study

- In 2018, the Maryland Legislature passed Senate Bill 0284, requiring MDH to apply for a waiver amendment to CMS to implement an adult dental pilot program.
- MDH must apply by September 1, 2018, to implement a pilot program to provide limited dental coverage to adults.
- Statewide pilot will:
 - Serve Dual Eligible Adults—Ages 21-64 (approximately 38,510 participants)
 - Include coverage for basic dental benefits (including diagnostic, preventative, limited restorative and extraction). The Department may set an overall cap on expenditures per person.
- Dental ASO will administer the benefit.
- **Effective Date:** January 1, 2019.

Family Planning Program

- In 2018, the General Assembly passed HB0994/SB0774, requiring MDH to apply for a State Plan Amendment to CMS to make changes to the Family Planning Program by July 1, 2018.
- The Family Planning Program currently operates under the §1115 Waiver.
- This amendment would remove the Family Planning Program from the auspices of the waiver in preparation for SPA submission.
- Other changes to Family Planning Program required under HB0994/SB0774:
 - Expanding services to all individuals (both genders),
 - Increasing income limit to 250% of the federal poverty level (FPL), and
 - Lifting current age restriction limiting women up to age 51.

1115 Waiver Amendment Timeline



Additional Information

- For more information, visit:
<https://mmcp.health.maryland.gov/Pages/1115-HealthChoice-Waiver-Renewal.aspx>
- Written comments may be submitted to:
 - Tricia Roddy, Planning Administration, Office of Health Care Financing, Maryland Department of Health, 201 West Preston Street, Room 224, Baltimore, Maryland 21201
 - Via email to mdh.healthchoicerenewal@maryland.gov

Questions and Comments