

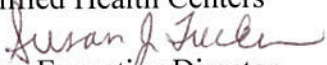


MARYLAND Department of Health

Larry Hogan, Governor · Boyd K. Rutherford, Lt. Governor · Robert R. Neall, Secretary

MARYLAND MEDICAL ASSISTANCE PROGRAM EPSDT Transmittal No. 39 January 30, 2018

TO: EPSDT Healthy Kids Providers
Managed Care Organizations
Local Health Departments
Federally Qualified Health Centers

FROM: 
Susan J. Tucker, Executive Director
Office of Health Services

RE: Additions to Healthy Kids Preventive Health Schedule Effective January 1, 2018

NOTE: **Please ensure that the appropriate staff members in your Organization are aware of content of this transmittal**

The purpose of this transmittal is to inform providers about updates and new requirements to the 2018 Healthy Kids Preventive Health Schedule. The following requirements will become effective as of January 1, 2018. All of these changes align with the standard of care recommended by the American Academy of Pediatrics' (AAP) *Bright Futures* program. (See attached Healthy Kids Schedule.)

Maternal Depression Screening

Effective January 1, 2018, the Department will add the new requirement of a maternal postpartum screening for depression at the baby's 1, 2, 4, and 6 month well-child checkups. Recommended screening tools are the Patient Health Questionnaire-9 (PHQ-9) or the Edinburgh Postnatal Depression Scale (EPDS). Procedure code 96161 will be reimbursed at \$4.06 per unit up to 4 units total per child through the age of 12 months. (Note: The PHQ-2 is not a separately reimbursable screening tool.)

Tuberculosis Risk Assessment

Effective January 1, 2018, the Department will require the risk assessment for tuberculosis to be completed at the age of 6 months in addition to the 1 month and 12 month requirement. This is not a separately reimbursable service. The risk assessments can be found in Appendix II of Section 7 of the Maryland Healthy Kids Manual at the following link.

https://mmcp.health.maryland.gov/epsdt/healthykids/Documents/Provider%27s%20Forms/Preventive%20Screen%20Questionnaire_English.pdf

HIV Lab Test

Effective January 1, 2018, the Department will add the new requirement of an HIV lab test. One test will be required between the ages of 15-18.

Fluoride Varnish

Fluoride varnish application should begin with tooth eruption and continue through five years of age. The fluoride varnish can be applied in the primary care or dental office. Primary care providers who have completed the required certification and training for fluoride varnish through the MDH Oral Health program will be reimbursed \$24.92 per unit for up to 4 units per year for this service.

If you have questions, please contact Lesa Watkins with the Healthy Kids program at (410) 767-1836 or lesa.watkins@maryland.gov.

Maryland Healthy Kids Preventive Health Schedule

Components	Infancy (months)							Early Childhood (months)							Late Childhood (yrs)						Adolescence (yrs)								
	Birth	3-5 d	1	2	4	6	9	12	15	18	24	30	36	48	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19/20
Health History and Development																													
Medical and family history/update	X	X	X	→	→	→	→	X	→	→	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Peri-natal history	X	X	X	→	→	→	→	→	→	→																			
Psycho-social/environmental assessment/update	X	X	X	→	→	→	→	X	→	→	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Developmental Surveillance (Subjective)		X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Developmental Screening (Standard Tools) ¹							X	→	→	X	X	→																	
Autism Screening										X	X	→																	
Mental health/behavioral assessment													X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Substance abuse assessment																					X	X	X	X	X	X	X	X	X
Depression Screening																					X	X	X	X	X	X	X	X	X
Physical Exam																													
Systems exam	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vision/hearing assessments ²	O ²	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
Oral/dentition assessment	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Nutrition assessment	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Measurements and graphing:	Height and Weight	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
	Head Circumference	X	X	X	X	X	X	X	X	X	X																		
	BMI										X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Blood Pressure ³												X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Risk Assessments by Questionnaire																													
Maternal Depression Screening			X	X	X	X																							
Lead assessment by questionnaire						X	X	X	X	X	X	X	X	X															
Tuberculosis *		X	→	→	X	→	X					X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Heart disease/cholesterol *										X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Sexually transmitted infections (STI) *																				X	X	X	X	X	X	X	X	X	X
Anemia *																				X	X	X	X	X	X	X	X	X	X
Laboratory Tests																													
Newborn Metabolic Screening	X		X	→																									
Blood lead Test								X	→	→	X	→	→	→	→														
Anemia Hgb/Hct								X	→	→	X	→	→	→															
Dyslipidemia Test																				X	→	→						X	→
HIV Test																									X	→	→	→	
Immunizations																													
History of immunizations	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Vaccines given per schedule	X	→	→	X	X	X	→	X	X	X	→	→	→	→	→	→	→	→	→	→	X	X	→	→	→	→	→	→	→
Fluoride Varnish Program⁴							X	X	X	X	X	X	X	X															
Health Education																													
Age-appropriate education/guidance	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Counsel/referral for identified problems	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Dental education/referral								X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X
Scheduled return visit	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X

Key : X Recommended; → Recommended if not previously done; S Subjective by history /observation; O Objective by standardized testing; * Counseling/testing recommended when positive

The Schedule reflects minimum standards required for all Maryland Medicaid recipients from birth to 21 years of age. The Maryland Healthy Kids Program requires yearly preventive care visits between ages 3 years through 20 years. ¹Refer to AAP 2006 Policy Statement referenced in the Healthy Kids Program Manual. -Screening required using standardized tools. ²Newborn Hearing Screen follow-up recommended for abnormal results. ³Blood Pressure measurement in infants and children with specific risk conditions should be performed at visits before age 3 years. ⁴The fluoride varnish may be administered by either a primary care provider or a dentist.