



STATE OF MARYLAND

DHMH

Maryland Department of Health and Mental Hygiene

Larry Hogan, Governor - Boyd Rutherford, Lt. Governor - Van Mitchell, Secretary

MARYLAND MEDICAL ASSISTANCE PROGRAM
EPSDT Transmittal No. 37
Managed Care Organizations Transmittal No. 107
Local Health Departments Transmittal No. 4
Federally Qualified Health Centers Transmittal No. 5
December 14, 2015

TO: EPSDT Healthy Kids Providers
Managed Care Organizations
Local Health Departments
Federally Qualified Health Centers

FROM: *Susan J. Tucker*
Susan J. Tucker, Executive Director
Office of Health Services

RE: Additions to Healthy Kids Preventive Health Schedule

NOTE: **Please ensure that appropriate staff members in your organization are informed of the contents of this transmittal**

The purpose of this transmittal is to inform providers about updates and new requirements to the 2016 Healthy Kids Preventive Health Schedule. The following requirements will become effective as of January 1, 2016. All of these requirements align with the standard of care recommended by the American Academy of Pediatrics' (AAP) *Bright Futures program*. (See attached Healthy Kids Schedule.)

Physical Exam Objective Assessments for Vision and Hearing

Effective January 1, 2016, the Department will require an objective assessment for vision and hearing at the well-child examinations for the additional ages of 3 years old, 8 years old, and 10 years old.

Depression Screening

Effective January 1, 2016, the Department will add the new requirement of an annual screening for Depression beginning at the age of 11. A recommended screening tool is the Patient Health Questionnaire (PHQ)-2 or other tools available in the GLAD-PC toolkit and at

http://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Documents/MH_ScreeningChart.pdf.

Sexually Transmitted Infections (STIs) Risk Assessment

Effective January 1, 2016, the Department will require the annual risk assessment for STIs to be completed beginning at the age of 11 instead of the current age of 12.

Anemia Risk Assessment

Effective January 1, 2016, the Department will add the new requirement of an annual risk assessment for anemia beginning at the age of 11.

Substance Use Risk Assessment

Effective January 1, 2016, the Department will require the annual risk assessment for substance use to be completed beginning at the age of 11 instead of the current age of age of 12.

Dyslipidemia Lab Test

Effective January 1, 2016, the Department will add the new requirement of dyslipidemia lab tests. One test will be required between the ages of 9-11 and a second one between the ages of 18-21. See AAP endorsed 2011 guidelines from the National Heart Blood and Lung Institute, "Integrated Guidelines for Cardiovascular Health and Risk Reduction in Children and Adolescents" http://www.nhlbi.nih.gov/guidelines/cvd_ped/index.htm.

The Preventive Screen Questionnaire is located in Appendix II of Section 7 of the Maryland Healthy Kids Provider Manual at [https://mmcp.dhmh.maryland.gov/epsdt/healthykids/Documents/Section_7/Appendix_2_Risk%20Assessment%20Forms/Preventive%20Screen%20Questionnaire_English_0815%20\(1\).pdf](https://mmcp.dhmh.maryland.gov/epsdt/healthykids/Documents/Section_7/Appendix_2_Risk%20Assessment%20Forms/Preventive%20Screen%20Questionnaire_English_0815%20(1).pdf).

If you have questions, please contact Lesa Watkins with the Healthy Kids program at (410) 767-1836 or lesa.watkins@maryland.gov.

