



STATE OF MARYLAND

DHMH

Office of Health Services  
Medical Care Programs

Maryland Department of Health and Mental Hygiene

201 W. Preston Street • Baltimore, Maryland 21201

Martin O'Malley, Governor – Anthony G. Brown, Lt. Governor – John M. Colmers, Secretary

**MEDICAL ASSISTANCE PROGRAM**

**EPSDT No. 31**

**Pharmacy No. 189**

**February 3, 2009**

To: Managed Care Organizations  
MCO Medical Directors  
Local Health Departments  
Healthy Kids Providers  
Federally Qualified Health Centers

From: *Susan J. Tucker*  
Susan J. Tucker, Executive Director  
Office of Health Services

NOTE: Please ensure that appropriate staff members in your organization are informed of the contents of this transmittal

Re: Oral Nutritional Supplements and Supplemental Vitamins EPSDT and REM Coverage Limitations

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The purpose of this transmittal is to clarify the Department's policies regarding the general limitation on coverage for oral nutritional supplements and supplemental vitamins and to inform Managed Care Organizations (MCOs) and providers that medically necessary oral nutritional supplements and supplemental vitamins are covered for children under 21 years of age as an Expanded EPSDT Service and for REM clients 21 years old or older as a REM Optional Service. Regulations generally restrict coverage for oral nutritional supplements and supplemental vitamins. However, when medically necessary, orally administered nutritional supplements and supplemental vitamins are covered as an EPSDT Service (COMAR 10.09.26.06), an Expanded EPSDT Service (COMAR 10.09.37.04) or a REM Optional Service (COMAR 10.09.69.10). In such cases, nutritional supplements and vitamins, whether taken orally or otherwise, after providing proof of medical necessity, are covered by Maryland Medicaid under the Pharmacy Services Program and therefore must also be covered by MCOs.

For additional information or questions regarding EPSDT expanded services, please call the Healthy Kids Program at 410-767-1683 or the Pharmacy Program staff at 1-800-492-5231 and press option #3.

