Community First Choice
Maryland’s Community First Choice option provides community services and supports to enable older adults and people with disabilities to live in their own homes.

### AVAILABLE COMMUNITY SERVICES

- Personal Assistance Services
- Personal Emergency Response Systems
- Technology
- Environmental Assessments
- Accessibility Adaptations
- Consumer Training
- Supports Planning
- Transition Services
- Nurse Monitoring
- Home Delivered Meals

CFC Participants are also eligible to receive other Medicaid services which may include:

- Physician and Hospital Care
- Pharmacy
- Home Health
- Laboratory Services
- Mental Health Services
- Disposable Medical Supplies
- Durable Medical Equipment

### WHO SHOULD APPLY
Maryland residents who need support with activities of daily living, such as bathing, grooming, dressing, and accessing the community.

### ELIGIBILITY GUIDELINES

**Medical and Technical Criteria**

- Individuals must require an institutional level of care based on a uniform medical assessment.

**Financial Criteria**

- An individual’s income and assets are reviewed to determine financial eligibility for community Medicaid.
- Medicaid coverage is for individuals determined to be categorically eligible or medically needy.
- Medicaid coverage is automatically given to individuals receiving certain other public assistance, such as Supplemental Security Income (SSI), Temporary Cash Assistance (TCA), or Foster Care.
- On January 1, 2014, Medicaid will cover more adults ages 19 to 64, whether they have children or not.
- A single person can make up to $16,243 per year and qualify for Medicaid.
- Medicaid coverage information can be found at [https://mmcp.dhmh.maryland.gov](https://mmcp.dhmh.maryland.gov)

### PERSONS INTERESTED SHOULD:

Contact Medicaid’s Long Term Care and Waiver Services at:
410-767-1739 or 1-877-4MD-DHMH or for MD Relay Service 1-800-735-2258 for more information.