Peer Review Program Expands to Include Children Up to Age 10

The use of antipsychotic agents in children and adolescents has increased substantially over the past decade. There is increased public scrutiny, controversy and debate regarding the increasing use of the antipsychotic agents in children and the lack of data on long-term effects. Many children receive these medications for non-FDA approved indications for which efficacy has not been demonstrated. Furthermore, studies have indicated that children and adolescents receiving these agents do not always receive appropriate side effect monitoring. These issues are complicated by the fact that almost half of those prescribing antipsychotics for children are primary care practitioners who may have less familiarity with these agents.

For these reasons, the State of Maryland Medicaid Pharmacy Program (MMPP) launched a new program in 2011 – The Peer Review Program for Mental Health Drugs. The program will **expand July 31st, 2012** and will address the use of antipsychotics in Medicaid patients under ten years of age. In partnership with the Mental Hygiene Administration (MHA) and the University of Maryland (UMD) Division of Child and Adolescent Psychiatry and School of Pharmacy, the program’s goal is to ensure that members of this vulnerable population receive optimal treatment in concert with appropriate non-pharmacologic measures in the safest manner possible. The peer review will inform clinicians of relevant clinical information for decision-making and ensure the appropriate use while monitoring for adverse sequelae in Medicaid’s vulnerable pediatric patients. Claims for antipsychotic medications that are for children younger than the FDA approved age, will require a Prior Authorization (PA) based on the peer-review assessment.

The Peer Review Program will work as follows:
1. Unless the prescriber has contacted the Peer Review Call Center and provided a faxed application form or the necessary verbal information, the claim will be denied at the Point of Sale.
2. The denial message will be “PA Required” and “Prescriber or their designee must call Antipsychotic Peer Review Center at 1-855-283-0876 for PA”
3. The denial will require pharmacy provider to contact the prescriber to obtain the PA.
4. The prescriber must contact the Peer Review call center and proceed with consultation and decision related to PA (approve/deny)
5. The Peer Review Program will notify the prescriber of the approval or denial of the prescription. The prescriber will in turn notify the pharmacy provider.
6. Three months after the initial PA is approved, the prescriber will need to complete a request to renew authorization to continue the therapy.